10 REASONS Why YOU should come to Brown for Ophthalmology

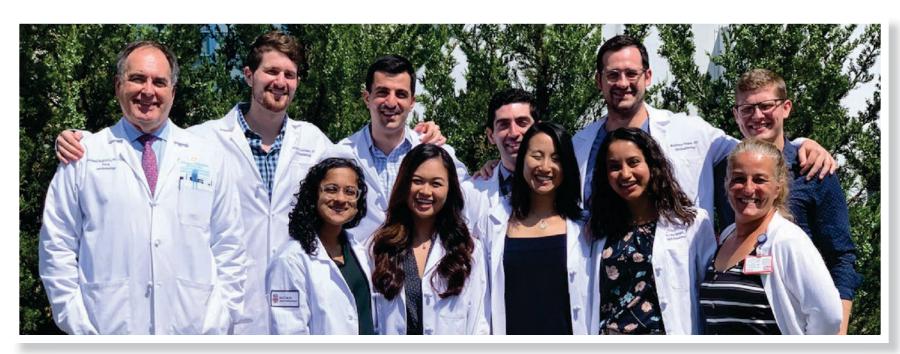
by Nitasha Khanna, MD Ophthalmology Resident 2017–2020





Overview

Some of these reasons are about the *program* and some are about your *life* outside the program; our goal is to demonstrate what it actually means, or would be like, for you to be *a resident here*.



Balance in Training

Clinical and Surgical Experience Research and Academic Investigation

10. Convenience

- Between our clinical site at this location/RIH and the VA is about an 8–10 minute drive
- Once you're on call, all of the hospitals and services you'd be called to are connected!
 - Only exception is going to the VA, which is still close
 - Useful at odd times and in the freezing cold
 - Also, safer than traveling a ton at night
- You don't need to rely on public transportation

9. Affordability/Accessibility

- Huge range of availability and affordability in terms of living within less than 15 minutes from work
- Providence is much more affordable for living, compared to the larger surrounding cities
- Centrally and easily accessible to Boston, New York, with an Amtrak station and international airport

8. Research

- Annual Research Symposium
- Allocation for each first author presentation
- These endeavors are encouraged and supported
- Residents travel nationally and internationally to present research at well recognized Medical and Ophthalmology meetings, to name a few:

AAO WOC ASRS

ARVO NEOS ASCRS

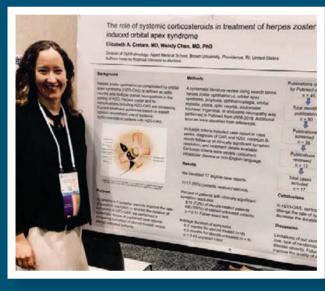
NANOS ISOPT



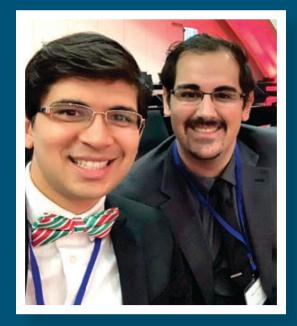
ARVO, Orlando



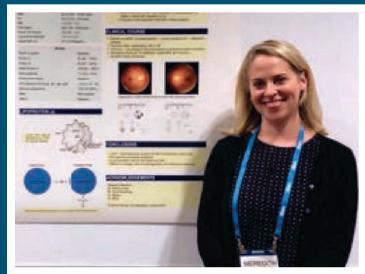
WOC, Barcelona



AAO, Chicago



ISOPT, Valencia



Women In Ophthalmology, Idaho



ARVO, Honolulu

7. Perks

- BCSC full set
- AAO Q Bank
- Encrypted USB drive
- Indirect headpiece supplied
- Advocacy (PGY3)
- AAO (PGY4)
- NEOS
- Call room
- Food allowance

- New imaging software and technology
- Cataract Dry/Wet Labs,
 Suturing Labs
- Surgical Simulator experience
- Post-call day
- More surgery, academic time, sleep, shadowing, studying, etc.













6. No Fellows

- You learn to manage most things that would often be deferred to a fellow, and thus the clinical acumen you gain is unparalleled
- Surgical time is not sacrificed by giving cases to those in fellowships
- Direct management and coordination with attendings, thus fostering stronger relationships
- Less watching, more doing





5. Teaching/Guidance

- Attendings are always willing to teach
- You're never alone; there is always someone who will be able to back you up during a busy night or day
- Modalities of Teaching:
 - -Integrated lecture series every Tuesday morning
 - –M&M, Grand Rounds, Journal Club,Pathology Conferences
 - -Suturing and Cataract Labs
 - -Dry Labs for new surgical technique (i.e. iStent)



4. Flexibility/Change

- Change is good, and improvements based on recommendations from residents, ancillary staff, and attendings are what keep the program moving forward.
- New faculty have started in the last few years; goals for expansion, change in location, and additional resources are underway.

3. Camaraderie

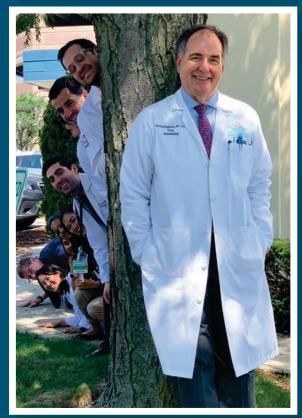
















2. Surgical and Clinical Experience

Surgical

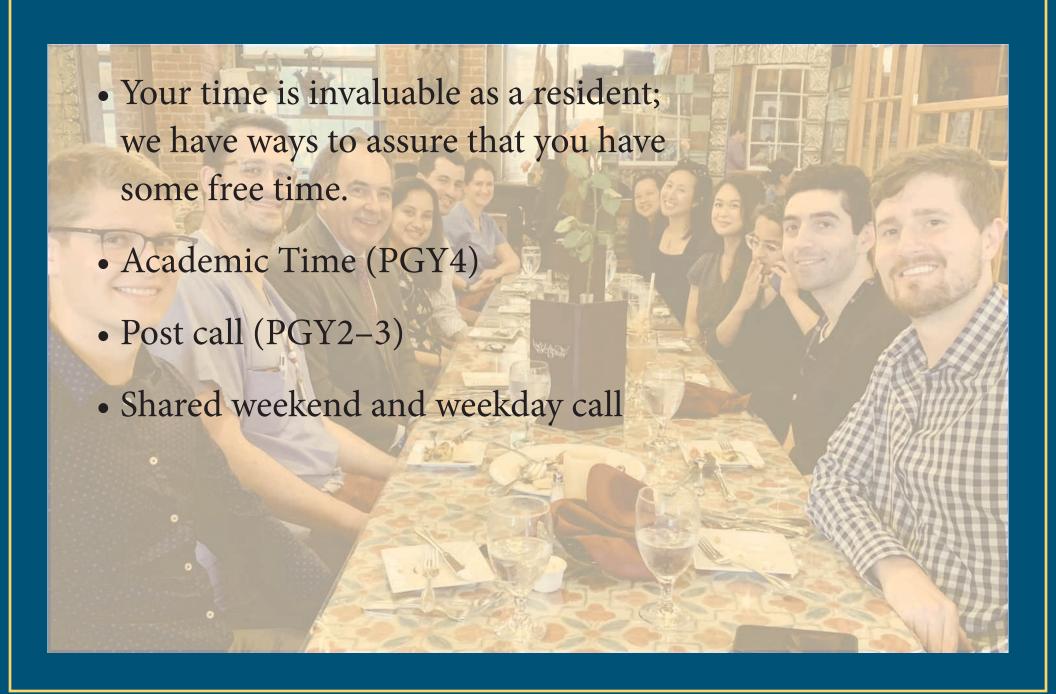
- Begins first year
- Several physicians operating between the VA and Coro; you will have exposure to surgery in every subspecialty
- You don't have to travel to somewhere far away for a few months to get what you need; it's all right here

Clinical

- Volume is large; Level 1 Trauma Center
- Patient diversity is vast between RIH and VA, as is the pathology
- We are busy; we do more than we watch, and there is a level of autonomy that increases with each year



1. Time



Bonus Reason

